



A CAREGIVER'S GUIDE TO INGREZZA FOR HD CHOREA

Find out how INGREZZA® (valbenazine) capsules could be the **optimal approach to treating HD chorea** for your loved one

Actor portrayals



Important Information

Approved Uses

INGREZZA® (valbenazine) capsules or INGREZZA® SPRINKLE (valbenazine) capsules are prescription medicines used to treat adults with:

- movements in the face, tongue, or other body parts that cannot be controlled (tardive dyskinesia).
- involuntary movements (chorea) of Huntington's disease. INGREZZA or INGREZZA SPRINKLE do not cure the cause of involuntary movements, and do not treat other symptoms of Huntington's disease, such as problems with thinking or emotions.

It is not known if INGREZZA or INGREZZA SPRINKLE is safe and effective in children.

SELECT IMPORTANT SAFETY INFORMATION

INGREZZA or INGREZZA SPRINKLE can cause serious side effects in people with Huntington's disease, including: depression, suicidal thoughts, or suicidal actions. Tell your healthcare provider before you start taking INGREZZA or INGREZZA SPRINKLE if you have Huntington's disease and are depressed (have untreated depression or depression that is not well controlled by medicine) or have suicidal thoughts. Pay close attention to any changes, especially sudden changes, in mood, behaviors, thoughts, or feelings. This is especially important when INGREZZA or INGREZZA SPRINKLE is started and when the dose is changed. Call your healthcare provider right away if you become depressed, have unusual changes in mood or behavior, or have thoughts of hurting yourself.

Please see full Important Safety Information on pages 18–19 and accompanying full **Prescribing Information**, including Boxed Warning, and **Medication Guide**.

DO YOU HAVE A LOVED ONE WITH HD WHO IS EXPERIENCING UNCONTROLLABLE BODY MOVEMENTS?

Huntington's disease (HD) is a hereditary disorder that causes nerve cells in the brain to gradually break down. Over time, this damage causes symptoms that can affect your loved one physically, mentally, and emotionally.

~90%
OF PEOPLE

THE MAJORITY (~90%) OF PEOPLE WITH HD WILL EXPERIENCE CHOREA (UNCONTROLLABLE MOVEMENTS)—THE DEFINING SYMPTOM OF HD

HD chorea is progressive and some of the areas it affects can include:



Finger and hand coordination: loss of muscle control can lead to problems with manual dexterity



Walking: balance issues can lead to falls



Mouth movements: uncontrollable movements can cause difficulty with talking and chewing



Swallowing: swallowing difficulties may lead to choking

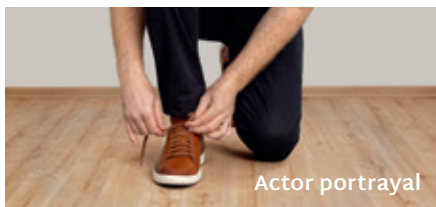
SELECT IMPORTANT SAFETY INFORMATION

Do not take INGREZZA or INGREZZA SPRINKLE if you:

- are allergic to valbenazine, or any of the ingredients in INGREZZA or INGREZZA SPRINKLE.

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If you notice these symptoms in your loved one, you should **start a conversation with your healthcare provider—even if the symptoms are mild.**

Over time, HD chorea may worsen, which could make daily life more difficult for those living with HD and their caregivers

STAGES OF HD CHOREA

- **EARLY** A gradual increase in uncontrollable movements may impact daily function
- **MIDDLE** Chorea may become worse, leading to increased difficulty with muscle control
- **LATE** Chorea may become severe or stabilize; people may also experience muscle stiffness and the inability to walk or speak



CHOREA IS MORE THAN JUST THE MOST COMMON SYMPTOM OF HD—FOR MANY CAREGIVERS IT CAN BE THE MOST IMPACTFUL SYMPTOM*

*In an HDSA survey of 701 caregivers for someone with HD, 30% reported chorea as the most impactful individual symptom on daily life.

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INGREZZA or INGREZZA SPRINKLE can cause serious side effects, including:

- **Allergic reactions.** Allergic reactions, including an allergic reaction that causes sudden swelling called angioedema, can happen after taking the first dose or after many doses of INGREZZA or INGREZZA SPRINKLE. Signs and symptoms of allergic reactions and angioedema include: trouble breathing or shortness of breath, swelling of your face, lips, eyelids, tongue, or throat, or other areas of your skin, trouble with swallowing, or rash, including raised, itchy red areas on your skin (hives). Swelling in the throat can be life-threatening and can lead to death. Stop taking INGREZZA or INGREZZA SPRINKLE and go to the nearest emergency room right away if you develop these signs and symptoms of allergic reactions and angioedema.

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CHALLENGES FOR CAREGIVERS OF THOSE LIVING WITH HD CHOREA

The impact of chorea doesn't just affect those diagnosed with HD—it affects those who live with and care for them as well.

NEARLY ALL (99%) OF PEOPLE WITH HD CHOREA WHO WERE SURVEYED REQUIRED SOME FORM OF ASSISTANCE WITH SELF-CARE ACTIVITIES, INCLUDING*:

- Preparing meals
- Eating
- Dressing/bathing
- Taking medication
- Planning and engaging in everyday activities
- Traveling out of the home
- Emotional support

Those with HD chorea were also 2X more likely to require a caregiver who was responsible for their daily needs than those without chorea symptoms*

*Results based on a survey of 144 healthcare providers and 427 people with HD.



THERE IS NOT YET A CURE OR TREATMENT TO DELAY HD PROGRESSION, BUT THERE ARE MEDICATIONS THAT CAN HELP CONTROL HD CHOREA

Don't wait until your loved one's movements have started affecting daily living to **begin a conversation with their healthcare provider about appropriately managing HD chorea.**

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INGREZZA or INGREZZA SPRINKLE can cause serious side effects, including:

- **Sleepiness and tiredness that could cause slow reaction times (somnolence and sedation).** Do not drive a car or operate dangerous machinery until you know how INGREZZA or INGREZZA SPRINKLE affects you. Drinking alcohol and taking other medicines may also cause sleepiness during treatment with INGREZZA or INGREZZA SPRINKLE.

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Actor portrayals

Because HD is a progressive disease, the demands of caregiving can feel overwhelming. Scan or visit [INGREZZA.com](https://www.ingrezza.com) to find tips on self-care.



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- **Heart rhythm problems (QT prolongation).** INGREZZA or INGREZZA SPRINKLE may cause a heart rhythm problem known as QT prolongation. You have a higher chance of getting QT prolongation if you also take certain other medicines during treatment with INGREZZA or INGREZZA SPRINKLE. Tell your healthcare provider right away if you develop any signs or symptoms of QT prolongation, including: fast, slow, or irregular heartbeat (heart palpitations), shortness of breath, dizziness or lightheadedness, or fainting or feeling like you are going to faint.

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ONCE-DAILY
INGREZZA[®]
(valbenazine) capsules

ASK YOUR LOVED ONE'S HEALTHCARE PROVIDER ABOUT INGREZZA, **FDA APPROVED FOR HD CHOREA**



The only treatment proven to reduce HD chorea that's available in a sprinkle formulation for those with trouble swallowing, and always one capsule, once daily.

FDA approved for over 8 years with more than 1 million prescriptions filled across indications.*

*Approved for tardive dyskinesia (TD) in 2017 and approved for Huntington's disease (HD) chorea in 2023.



Scan or visit [INGREZZA.com](https://www.ingrezza.com) to learn how INGREZZA® (valbenazine) capsules could be the optimal approach to treating HD chorea for your loved one.



SELECT IMPORTANT SAFETY INFORMATION

INGREZZA or INGREZZA SPRINKLE can cause serious side effects, including:

- **Neuroleptic Malignant Syndrome (NMS).** NMS is a serious condition that can lead to death. Call a healthcare provider right away or go to the nearest emergency room if you develop these symptoms and they do not have another obvious cause: high fever, stiff muscles, problems thinking, irregular pulse or blood pressure, increased sweating, or very fast or uneven heartbeat.

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ONLY INGREZZA OFFERS SIMPLE DOSING

INGREZZA MAKES DOSING SIMPLE FROM THE START:



**Starts at an
effective dose**



**Also available in
sprinkle formulation**



**Always one capsule,
once daily**



**Taken any
time**



**With or
without food**



**Can be added to
most stable mental
health regimens**

Remembering when and how to take medication can be challenging for anyone, but even more so for those living with HD.

Scan or visit [INGREZZA.com](https://www.ingrezza.com) to find tips for helping your loved one manage his or her medication.



SELECT IMPORTANT SAFETY INFORMATION

INGREZZA or INGREZZA SPRINKLE can cause serious side effects, including:

- **Parkinson-like symptoms.** Symptoms include: body stiffness, drooling, trouble moving or walking, trouble keeping your balance, shaking (tremors), or falls.

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ONCE-DAILY
INGREZZA®
(valbenazine) capsules

ONLY INGREZZA ALSO OFFERS THE BENEFIT OF A SPRINKLE FORMULATION

Most people with HD chorea will experience swallowing issues. When you and your loved one are choosing treatment, start with INGREZZA® (valbenazine) capsules—an HD chorea treatment that offers simple dosing options throughout your loved one's treatment journey.

Only INGREZZA is available in a sprinkle formulation for those with trouble swallowing and is always one capsule, once daily.

INGREZZA® SPRINKLE (valbenazine) capsules:



**3 effective
dosing strengths**



**Easy
to open**



**May be sprinkled
on soft food**

SELECT IMPORTANT SAFETY INFORMATION

Before taking INGREZZA or INGREZZA SPRINKLE, tell your healthcare provider about all of your medical conditions including if you: have liver or heart problems, are pregnant or plan to become pregnant, or are breastfeeding or plan to breastfeed.

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INGREZZA®
(valbenazine) capsules



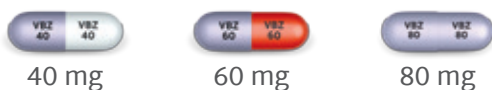
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Actor portrayal

Three effective strengths means simple dosing with **no complex dose adjustments**

Your loved one's healthcare provider will start him or her on 40 mg for 2 weeks and may increase the dosage every 2 weeks to 60 mg or 80 mg, depending on his or her treatment needs. The recommended dose of INGREZZA is 80 mg.

INGREZZA capsules:



40 mg

60 mg

80 mg

INGREZZA SPRINKLE capsules:



40 mg

60 mg

80 mg

Not actual size

SELECT IMPORTANT SAFETY INFORMATION

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Make sure you tell all of your healthcare providers that you are taking INGREZZA or INGREZZA SPRINKLE. Taking INGREZZA or INGREZZA SPRINKLE with certain other medicines may cause serious side effects. Especially tell your healthcare provider if you: take digoxin or take or have taken a monoamine oxidase inhibitor (MAOI) medicine. You should not take INGREZZA or INGREZZA SPRINKLE if you are taking, or have stopped taking, a MAOI within the last 14 days.

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INGREZZA®
(valbenazine) capsules

WHAT MAKES INGREZZA DIFFERENT?

Unlike other medications approved to treat HD chorea, INGREZZA® (valbenazine) capsules selectively and specifically targets a protein called VMAT2.* VMAT2 aids in the release of dopamine.

*Based on laboratory tests. This does not imply a treatment advantage.

SELECT IMPORTANT SAFETY INFORMATION

The most common side effects of INGREZZA or INGREZZA SPRINKLE in people with tardive dyskinesia are sleepiness and tiredness.

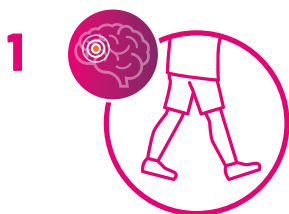
The most common side effects of INGREZZA or INGREZZA SPRINKLE in people with chorea associated with Huntington's disease include sleepiness and tiredness, raised itchy red areas on your skin (hives), rash, and trouble getting to sleep or staying asleep.

These are not all of the possible side effects of INGREZZA or INGREZZA SPRINKLE. Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit MedWatch at www.fda.gov/medwatch or call **1-800-FDA-1088**.

Dosage Forms and Strengths: INGREZZA and INGREZZA SPRINKLE are available in 40 mg, 60 mg, and 80 mg capsules.

HOW INGREZZA WORKS

Current research suggests that INGREZZA reduces abnormal dopamine signaling that causes HD chorea. However, how INGREZZA works to treat HD chorea is not fully understood.



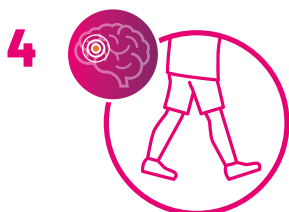
Dopamine is a chemical in the brain that helps control movement.



HD chorea may be caused by **too much dopamine signaling in the brain.**



INGREZZA selectively and **specifically targets VMAT2,*** a protein that aids in the release of dopamine...



...which is believed to **reduce this abnormal dopamine signaling.**

*Based on laboratory tests. This does not imply a treatment advantage.

SELECT IMPORTANT SAFETY INFORMATION

INGREZZA or INGREZZA SPRINKLE can cause serious side effects in people with Huntington's disease, including: depression, suicidal thoughts, or suicidal actions. Tell your healthcare provider before you start taking INGREZZA or INGREZZA SPRINKLE if you have Huntington's disease and are depressed (have untreated depression or depression that is not well controlled by medicine) or have suicidal thoughts. Pay close attention to any changes, especially sudden changes, in mood, behaviors, thoughts, or feelings. This is especially important when INGREZZA or INGREZZA SPRINKLE is started and when the dose is changed. Call your healthcare provider right away if you become depressed, have unusual changes in mood or behavior, or have thoughts of hurting yourself.

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SIGNIFICANT IMPROVEMENT AND STARTS WORKING QUICKLY



>3X

**HD CHOREA
REDUCTION**
AT 12 WEEKS
VS PLACEBO*

RESPONSE WAS SEEN BY MOST AS EARLY AS 2 WEEKS†

*4.6-point improvement for people taking INGREZZA (≤80 mg; n=64) vs 1.4 with placebo (n=61) in TMC score from the start to the end of the 12-week study.

†In a post-clinical study evaluation, 51 of 64 patients (80%) taking INGREZZA 40 mg had at least a 1-point reduction in TMC score at 2 weeks vs before treatment.

SELECT IMPORTANT SAFETY INFORMATION

Do not take INGREZZA or INGREZZA SPRINKLE if you:

- are allergic to valbenazine, or any of the ingredients in INGREZZA or INGREZZA SPRINKLE.

INGREZZA or INGREZZA SPRINKLE can cause serious side effects, including:

- **Allergic reactions.** Allergic reactions, including an allergic reaction that causes sudden swelling called angioedema, can happen after taking the first dose or after many doses of INGREZZA or INGREZZA SPRINKLE. Signs and symptoms of allergic reactions and angioedema include: trouble breathing or shortness of breath, swelling of your face, lips, eyelids, tongue, or throat, or other areas of your skin, trouble with swallowing, or rash, including raised, itchy red areas on your skin (hives). Swelling in the throat can be life-threatening and can lead to death. Stop taking INGREZZA or INGREZZA SPRINKLE and go to the nearest emergency room right away if you develop these signs and symptoms of allergic reactions and angioedema.

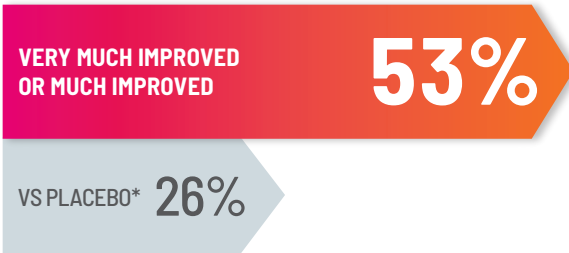
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 **INGREZZA®**
(valbenazine) capsules

BOTH PATIENTS AND PROVIDERS REPORTED IMPROVEMENT WITH INGREZZA

53% OF PEOPLE

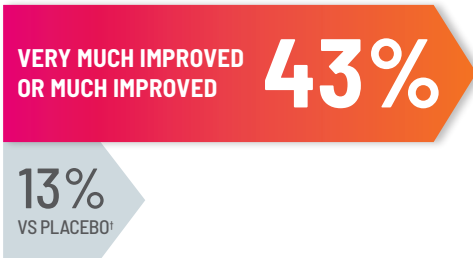
reported their overall HD chorea as “very much improved” or “much improved” with INGREZZA® (valbenazine) capsules at 12 weeks.*



*53% of patients (29/55) taking INGREZZA vs 26% of those taking placebo (14/53), based on patient-reported chorea severity scale (PGI-C scale) at 12 weeks vs before treatment.

43% OF HEALTHCARE PROFESSIONALS

reported HD chorea as “very much improved” or “much improved” with INGREZZA at 12 weeks.†



†43% of patients (24/56) taking INGREZZA vs 13% of those taking placebo (7/53) based on clinician-reported chorea severity (CGI-C scale) at 12 weeks vs before treatment.

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INGREZZA or INGREZZA SPRINKLE can cause serious side effects, including:

- **Sleepiness and tiredness that could cause slow reaction times (somnolence and sedation).** Do not drive a car or operate dangerous machinery until you know how INGREZZA or INGREZZA SPRINKLE affects you. Drinking alcohol and taking other medicines may also cause sleepiness during treatment with INGREZZA or INGREZZA SPRINKLE.

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INGREZZA SAFETY PROFILE

In the clinical study, the INGREZZA® (valbenazine) capsules safety profile was shown to be generally well tolerated.

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INGREZZA or INGREZZA SPRINKLE can cause serious side effects, including:

- Allergic reactions, including an allergic reaction that causes sudden swelling (angioedema)
- Sleepiness and tiredness that could cause slow reaction times (somnolence and sedation)
- Heart rhythm problems (QT prolongation)
- Neuroleptic Malignant Syndrome (NMS)
- Parkinson-like symptoms including body stiffness, drooling, trouble moving or walking, trouble keeping your balance, shaking (tremors), or falls

The most common side effects of INGREZZA or INGREZZA SPRINKLE in people with chorea associated with Huntington’s disease include sleepiness and tiredness, raised itchy red areas on your skin (hives), rash, and trouble getting to sleep or staying asleep.

These are not all of the possible side effects of INGREZZA or INGREZZA SPRINKLE. Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit MedWatch at www.fda.gov/medwatch or call **1-800-FDA-1088**.

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People with Huntington’s disease have a higher risk of depression and suicidal thoughts or actions. INGREZZA is a VMAT2 inhibitor. VMAT2 inhibitors are a group of medicines that all include the warning that they could increase this risk.
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Actor portrayals

86% OF PEOPLE
COMPLETED
THE STUDY

Nearly all people (55/64) taking INGREZZA completed the full 12-week clinical study, and of those people **82% (45/55)** were able to tolerate the highest dose.

Looking for support? Scan or visit [INGREZZA.com](https://www.ingrezza.com) to find organizations that can provide additional information about HD, opportunities to connect with HD and movement specialists at Centers of Excellence, as well as other helpful tips and resources for patients and caregivers living with HD chorea.



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INGREZZA or INGREZZA SPRINKLE can cause serious side effects, including:

- **Heart rhythm problems (QT prolongation).** INGREZZA or INGREZZA SPRINKLE may cause a heart rhythm problem known as QT prolongation. You have a higher chance of getting QT prolongation if you also take certain other medicines during treatment with INGREZZA or INGREZZA SPRINKLE. Tell your healthcare provider right away if you develop any signs or symptoms of QT prolongation, including: fast, slow, or irregular heartbeat (heart palpitations), shortness of breath, dizziness or lightheadedness, or fainting or feeling like you are going to faint.

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ONCE-DAILY
INGREZZA®
(valbenazine) capsules

NEUROCRINE ACCESS SUPPORT

Dedicated to helping you on your treatment journey through a range of financial assistance programs.



INGREZZA SAVINGS PROGRAM

Commercially insured patients may pay as little as \$0.* If you're eligible, a Savings Card may be applied automatically at the pharmacy, which may help you save on your INGREZZA® (valbenazine) capsules prescription.*

INGREZZA 30-DAY FREE TRIAL

The INGREZZA 30-Day Free Trial is a free trial (1-month supply) of INGREZZA for new patients.* Your healthcare provider can enroll you in the INGREZZA 30-Day Free Trial by downloading the enrollment form from the Neurocrine Access Support website and submitting the completed form on your behalf.

INGREZZA PATIENT ASSISTANCE PROGRAM

The Patient Assistance Program provides INGREZZA at no cost if you are uninsured, are without prescription coverage, or have qualifying financial needs.* Your healthcare provider can help you apply for this program or call [1-84-INGREZZA](tel:1-84-INGREZZA) to learn more.

*Additional terms and conditions apply.

Once coverage has been authorized, INGREZZA will be shipped directly to you. INGREZZA is available through a dedicated network of specialty pharmacies to deliver additional service and support. A specialty pharmacy provides medicines that aren't typically available at your local retail pharmacy.

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Actor portrayals



TO LEARN MORE ABOUT THE NEUROCRINE ACCESS SUPPORT PROGRAM, CALL **1-84-INGREZZA (1-844-647-3992)** 8 AM TO 8 PM ET, MONDAY THROUGH FRIDAY, OR VISIT **[INGREZZA.COM/SAVINGS](https://www.ingrezza.com/savings)**

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ONCE-DAILY
INGREZZA®
(valbenazine) capsules

IMPORTANT SAFETY INFORMATION

Important Information

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- movements in the face, tongue, or other body parts that cannot be controlled (tardive dyskinesia).
- involuntary movements (chorea) of Huntington's disease. INGREZZA or INGREZZA SPRINKLE do not cure the cause of involuntary movements, and do not treat other symptoms of Huntington's disease, such as problems with thinking or emotions.

It is not known if INGREZZA or INGREZZA SPRINKLE is safe and effective in children.

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IMPORTANT SAFETY INFORMATION (CONTINUED)

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Dosage Forms and Strengths: INGREZZA and INGREZZA SPRINKLE are available in 40 mg, 60 mg, and 80 mg capsules.

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DON'T WAIT UNTIL YOUR LOVED ONE'S HD CHOREA HAS PROGRESSED

TAKE HD CHOREA CONTROL A STEP FORWARD TODAY WITH INGREZZA:

MORE THAN 3X GREATER HD CHOREA IMPROVEMENT VS PLACEBO AT 12 WEEKS*
AND MOST SAW A RESPONSE **AS EARLY AS 2 WEEKS**[†]

*4.6-point improvement for people taking INGREZZA (≤80 mg; n=64) vs 1.4 with placebo (n=61) in TMC score from the start to the end of the 12-week study.

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When choosing treatment, start with INGREZZA[®] (valbenazine) capsules—an HD chorea treatment that offers simple dosing options throughout your loved one's treatment journey. Only INGREZZA is **available in a sprinkle formulation** for those with trouble swallowing and is **always one capsule, once daily**.

ASK ABOUT INGREZZA

It could be the optimal approach to treating HD chorea for your loved one. Visit [INGREZZA.com](https://www.ingrezza.com) today to learn more.

SELECT IMPORTANT SAFETY INFORMATION

INGREZZA or INGREZZA SPRINKLE can cause serious side effects in people with Huntington's disease, including: **depression, suicidal thoughts, or suicidal actions**. Tell your healthcare provider before you start taking INGREZZA or INGREZZA SPRINKLE if you have Huntington's disease and are depressed (have untreated depression or depression that is not well controlled by medicine) or have suicidal thoughts. Pay close attention to any changes, especially sudden changes, in mood, behaviors, thoughts, or feelings. This is especially important when INGREZZA or INGREZZA SPRINKLE is started and when the dose is changed. Call your healthcare provider right away if you become depressed, have unusual changes in mood or behavior, or have thoughts of hurting yourself.

Please see full Important Safety Information on pages 18–19 and accompanying full [Prescribing Information](#), including Boxed Warning, and [Medication Guide](#).