



Do your uncontrollable movements feel embarrassing?

It could be tardive dyskinesia (TD), a condition caused by taking certain mental health meds.

See page 10 for a guide on talking to your doctor about TD.



Singer-songwriter Carnie Wilson is help**ING** others stand up to stigma, speak up about symptoms, and ask about reducing TD movements with INGREZZA—learn more inside.

Carnie Wilson is a paid spokesperson for INGREZZA/Neurocrine Biosciences, Inc. She is not diagnosed with tardive dyskinesia (TD) and does not take INGREZZA.

Actor portrayals

Important Information

Approved Use

INGREZZA® (valbenazine) capsules or INGREZZA® SPRINKLE (valbenazine) capsules are prescription medicines used to treat adults with movements in the face, tongue, or other body parts that cannot be controlled (tardive dyskinesia).

It is not known if INGREZZA or INGREZZA SPRINKLE is safe and effective in children.

IMPORTANT SAFETY INFORMATION

INGREZZA or INGREZZA SPRINKLE can cause serious side effects in people with Huntington's disease, including: depression, suicidal thoughts, or suicidal actions. Tell your healthcare provider before you start taking INGREZZA or INGREZZA SPRINKLE if you have Huntington's disease and are depressed (have untreated depression or depression that is not well controlled by medicine) or have suicidal thoughts. Pay close attention to any changes, especially sudden changes, in mood, behaviors, thoughts, or feelings. This is especially important when INGREZZA or INGREZZA SPRINKLE is started and when the dose is changed. Call your healthcare provider right away if you become depressed, have unusual changes in mood or behavior, or have thoughts of hurting yourself.

Please see additional Important Safety Information on pages 22–23 and accompanying full [Prescribing Information](#), including Boxed Warning, and [Medication Guide](#).

Tardive dyskinesia: Persistent, uncontrollable body movements

If you have persistent, uncontrollable movements and have taken certain mental health meds, it's time to ask your healthcare provider about a treatable condition called tardive dyskinesia (TD).



TD movements can occur anywhere in the body:

FACE

MOUTH, LIPS, TONGUE, JAW, EYES

UPPER BODY

ARMS, TORSO, HANDS/FINGERS

LOWER BODY

LEGS, FEET/TOES

Take an important step.

Understand the cause of your uncontrollable movements and learn about treatment.

Visit [INGREZZA.com/Movements](https://www.ingrezza.com/Movements)

SELECT IMPORTANT SAFETY INFORMATION

Do not take INGREZZA or INGREZZA SPRINKLE if you:

- are allergic to valbenazine, or any of the ingredients in INGREZZA or INGREZZA SPRINKLE.

Please see additional Important Safety Information on pages 22–23 and accompanying full [Prescribing Information](#), including Boxed Warning, and [Medication Guide](#).

What medicines can cause TD?

You may have been prescribed certain mental health medicines (antipsychotics) to treat a condition such as:

- Depression
- Schizophrenia
- Bipolar disorder
- Schizoaffective disorder



View a list of meds known to cause TD at
[INGREZZA.com/Meds-to-Monitor](https://www.ingrezza.com/Meds-to-Monitor)

Certain prescription medicines used to treat gastrointestinal disorders (metoclopramide and prochlorperazine) may also cause TD.

If you are currently taking antipsychotic medicine, do not stop, adjust, or switch your medicine without talking to your healthcare provider.

SELECT IMPORTANT SAFETY INFORMATION

INGREZZA or INGREZZA SPRINKLE can cause serious side effects, including:

- **Allergic reactions.** Allergic reactions, including an allergic reaction that causes sudden swelling called angioedema, can happen after taking the first dose or after many doses of INGREZZA or INGREZZA SPRINKLE. Signs and symptoms of allergic reactions and angioedema include: trouble breathing or shortness of breath, swelling of your face, lips, eyelids, tongue, or throat, or other areas of your skin, trouble with swallowing, or rash, including raised, itchy red areas on your skin (hives). Swelling in the throat can be life-threatening and can lead to death. Stop taking INGREZZA or INGREZZA SPRINKLE and go to the nearest emergency room right away if you develop these signs and symptoms of allergic reactions and angioedema.
- **Sleepiness and tiredness that could cause slow reaction times (somnolence and sedation).** Do not drive a car or operate dangerous machinery until you know how INGREZZA or INGREZZA SPRINKLE affects you. Drinking alcohol and taking other medicines may also cause sleepiness during treatment with INGREZZA or INGREZZA SPRINKLE.
- **Heart rhythm problems (QT prolongation).** INGREZZA or INGREZZA SPRINKLE may cause a heart rhythm problem known as QT prolongation. You have a higher chance of getting QT prolongation if you also take certain other medicines during treatment with INGREZZA or INGREZZA SPRINKLE. Tell your healthcare provider right away if you develop any signs or symptoms of QT prolongation, including: fast, slow, or irregular heartbeat (heart palpitations), shortness of breath, dizziness or lightheadedness, or fainting or feeling like you are going to faint.

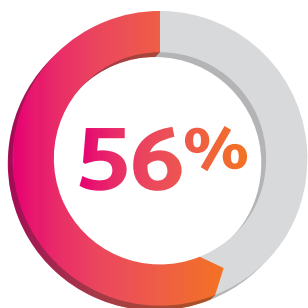
Please see additional Important Safety Information on pages 22–23 and accompanying full [Prescribing Information](#), including Boxed Warning, and [Medication Guide](#).

Living with tardive dyskinesia

TD is unlikely to get better on its own, but you can take control by talking to your healthcare provider right away.

Even mild or moderate TD movements can negatively affect your work, social life, and self-esteem.* You may feel that your uncontrollable movements create an unintended impression on the people you meet.

*In a survey of 150 US adults diagnosed with TD. Conducted by The Harris Poll on behalf of Neurocrine Biosciences between December 12–31, 2024. The survey asked: “Specifically, what type of an impact has TD treatment had on each of the following aspects of your life?”



of people with TD reported having canceled social plans and avoided going out in public as a result of their TD symptoms.[†]

[†]In a survey of 150 US adults diagnosed with TD. Conducted by The Harris Poll on behalf of Neurocrine Biosciences between December 12–31, 2024. The survey asked: “Which of the following, if any, have you ever done as a result of your TD symptoms?”

“Because of my TD, I was embarrassed to be out in public. I would chew gum a lot to mask the movement of my jaws. I wouldn’t attend work outings, family functions. I missed a lot of milestones because I would seclude myself.”

– Steve, living with bipolar disorder and tardive dyskinesia

Steve was compensated by Neurocrine Biosciences, Inc. to share his story



Watch real patient stories at
[INGREZZA.com/Stories](https://www.ingrezza.com/Stories)

SELECT IMPORTANT SAFETY INFORMATION

INGREZZA or INGREZZA SPRINKLE can cause serious side effects, including:

- **Neuroleptic Malignant Syndrome (NMS).** NMS is a serious condition that can lead to death. Call a healthcare provider right away or go to the nearest emergency room if you develop these symptoms and they do not have another obvious cause: high fever, stiff muscles, problems thinking, irregular pulse or blood pressure, increased sweating, or very fast or uneven heartbeat.

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Is TD impactING you?

**You've worked hard to improve your mental health.
Don't let uncontrollable movements hold you back.**

Taking control starts with asking your healthcare provider about the right diagnosis and treatment for your uncontrollable movements.



“To me, it was important to continue seeking answers to my uncontrollable movements. I was not going to take ‘no’ for an answer.”

– Davitria, living with bipolar disorder and tardive dyskinesia

Davitria was compensated by Neurocrine Biosciences, Inc. to share her story



Go to page 10 for a **Doctor Discussion Guide**.
This will help you talk to your doctor about TD.

SELECT IMPORTANT SAFETY INFORMATION

INGREZZA or INGREZZA SPRINKLE can cause serious side effects, including:

- **Parkinson-like symptoms.** Symptoms include: body stiffness, drooling, trouble moving or walking, trouble keeping your balance, shaking (tremors), or falls.

Before taking INGREZZA or INGREZZA SPRINKLE, tell your healthcare provider about all of your medical conditions including if you: have liver or heart problems, are pregnant or plan to become pregnant, or are breastfeeding or plan to breastfeed.

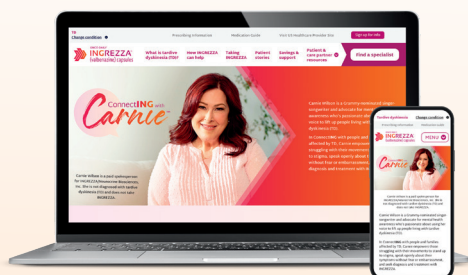
Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Make sure you tell all of your healthcare providers that you are taking INGREZZA or INGREZZA SPRINKLE. Taking INGREZZA or INGREZZA SPRINKLE with certain other medicines may cause serious side effects. Especially tell your healthcare provider if you: take digoxin or take or have taken a monoamine oxidase inhibitor (MAOI) medicine. You should not take INGREZZA or INGREZZA SPRINKLE if you are taking, or have stopped taking, a MAOI within the last 14 days.

Please see additional Important Safety Information on pages 22–23 and accompanying full [Prescribing Information](#), including Boxed Warning, and [Medication Guide](#).



Grammy-nominated singer-songwriter **Carnie Wilson** is bringing her passion for advocacy to the TD community through **ConnectING with Carnie™**.

Carnie Wilson is a paid spokesperson for INGREZZA/Neurocrine Biosciences, Inc. She is not diagnosed with tardive dyskinesia (TD) and does not take INGREZZA® (valbenazine) capsules.



In a series of candid conversations with people and families affected by TD, see how others are standing up to stigma and speaking openly about their symptoms. Watch the videos at: ConnectingWithCarnie.com

SELECT IMPORTANT SAFETY INFORMATION

The most common side effects of INGREZZA or INGREZZA SPRINKLE in people with tardive dyskinesia are sleepiness and tiredness.

The most common side effects of INGREZZA or INGREZZA SPRINKLE in people with chorea associated with Huntington's disease include sleepiness and tiredness, raised itchy red areas on your skin (hives), rash, and trouble getting to sleep or staying asleep.

These are not all of the possible side effects of INGREZZA or INGREZZA SPRINKLE. Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit MedWatch at www.fda.gov/medwatch or call **1-800-FDA-1088**.

Dosage Forms and Strengths: INGREZZA and INGREZZA SPRINKLE are available in 40 mg, 60 mg, and 80 mg capsules.

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Carnie says: Speak Up!

“People suffering in silence
is what really gets to me.
**Let’s take the shame
out of it!”**



“When a person is experiencing these movements, or perhaps someone close to them is observing them, I would really say to them, ‘don’t wait.’ Go see a healthcare provider. They’re there. They’re helpful. They know about treatments like INGREZZA.”

– Allison, living with bipolar disorder and tardive dyskinesia

Allison was compensated by Neurocrine Biosciences, Inc. to share her story

“For me, it was helpful to find other stories of people, how they got through either their TD experience, or how they found help. By relating to others and learning from them, I was able to get through what I was experiencing.”

– Moira, living with depression and tardive dyskinesia

Moira was compensated by Neurocrine Biosciences, Inc. to share her story



Join the conversation at:
ConnectingWithCarnie.com

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CarING for someone with tardive dyskinesia

It can be tough to tell a loved one that you've noticed they have uncontrollable movements. But the sooner they're aware, the sooner they can take control by talking to a healthcare provider about diagnosis and treatment.

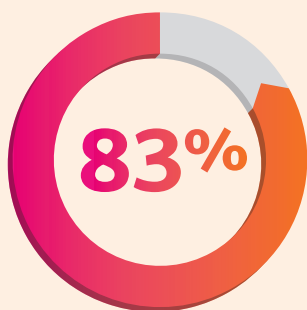
"I'm glad I said something to Amy about her uncontrollable movements, because even though she was doing it, she had no clue she was doing it. If we didn't discuss it, we never would've made it to where we are now, and learned about INGREZZA."

– Kim (left), care partner of Amy, who lives with depression and TD

Amy & Kim were compensated by Neurocrine Biosciences, Inc. to share their stories



It's OK to speak up! Your loved one may need your support.



of people with TD reported that they wish they had been encouraged to talk to a healthcare provider about their uncontrollable movements earlier*

*In a survey of 150 US adults diagnosed with TD. Conducted by The Harris Poll on behalf of Neurocrine Biosciences between December 12–31, 2024. The survey asked: "To what extent do you agree or disagree with the following statement: 'I wish that I had been encouraged to talk to my provider about my uncontrolled movements associated with TD sooner.'"

SELECT IMPORTANT SAFETY INFORMATION

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“If it is TD, there are treatments, like INGREZZA, that are approved and effective. I think that’s important to know.”

“My role as a care partner was to help Moira stay in the process of seeking help—which eventually she received.”

– Forrest (right), care partner of Moira, who lives with depression and TD

Moira & Forrest were compensated by Neurocrine Biosciences, Inc. to share their stories



LookiNG for more caregiver resources?

Find tips, tools, and information at

[INGREZZA.com/Care-Partner](https://www.ingrezza.com/Care-Partner)

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- **Sleepiness and tiredness that could cause slow reaction times (somnolence and sedation).** Do not drive a car or operate dangerous machinery until you know how INGREZZA or INGREZZA SPRINKLE affects you. Drinking alcohol and taking other medicines may also cause sleepiness during treatment with INGREZZA or INGREZZA SPRINKLE.
- **Heart rhythm problems (QT prolongation).** INGREZZA or INGREZZA SPRINKLE may cause a heart rhythm problem known as QT prolongation. You have a higher chance of getting QT prolongation if you also take certain other medicines during treatment with INGREZZA or INGREZZA SPRINKLE. Tell your healthcare provider right away if you develop any signs or symptoms of QT prolongation, including: fast, slow, or irregular heartbeat (heart palpitations), shortness of breath, dizziness or lightheadedness, or fainting or feeling like you are going to faint.

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TalkING with your doctor

Take an important first step right now by filling out our Doctor Discussion Guide for your next appointment in person, over the phone, or online.

1. I have uncontrollable movements of my: [check all that apply]

- ☐ Face/Jaw ☐ Mouth/Tongue ☐ Torso ☐ Arms/Hands ☐ Legs ☐ Feet/Toes

2. I have taken medication(s) for my mental health for:

- ☐ Less than 3 months ☐ 3 months to 1 year ☐ 1 year or longer

3. I first noticed my uncontrollable movements:

- ☐ Less than 3 months ago ☐ 3 months to 1 year ago ☐ 1 year ago or longer

4. My uncontrollable movements impact my daily routine:

- ☐ Not at all ☐ Somewhat ☐ A lot

SELECT IMPORTANT SAFETY INFORMATION

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- **Neuroleptic Malignant Syndrome (NMS).** NMS is a serious condition that can lead to death. Call a healthcare provider right away or go to the nearest emergency room if you develop these symptoms and they do not have another obvious cause: high fever, stiff muscles, problems thinking, irregular pulse or blood pressure, increased sweating, or very fast or uneven heartbeat.

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5. My uncontrollable body movements have impacted my life in the following ways:

Physical impact (eg, household activities, sleeping, writing, typing):

Social impact (eg, personal relationships, employment):

Emotional impact (eg, frustration, anxiety, worry):

6. Some health issues in my medical history include: [check all that apply]

(These may be important for your doctor to know when choosing the right treatment)

- ☐ Diabetes ☐ High blood pressure ☐ High cholesterol ☐ Alcohol or substance use
- ☐ Heart disease or recent heart attack ☐ Heart rhythm problems
- ☐ Liver or kidney problems ☐ Other _____

7. When it comes to taking medicines, I prefer something that is: [check all that apply]

- ☐ Taken once a day ☐ Taken with or without food ☐ Taken any time of day
- ☐ Simple to start/get to effective dosage (low or no dose adjustments)
- ☐ Able to sprinkle on food (vs swallowed whole) ☐ Other _____

8. Other questions or concerns I have about TD treatment: [check all that apply]

- ☐ How long it takes to work ☐ Any potential side effects ☐ Prescription cost and coverage
- ☐ If I can take it with my other medications ☐ Other _____

TD is unlikely to get better on its own, but you can take control by talking with your healthcare provider. Use this space to write any additional questions you may have.

SELECT IMPORTANT SAFETY INFORMATION

INGREZZA or INGREZZA SPRINKLE can cause serious side effects, including:

- **Parkinson-like symptoms.** Symptoms include: body stiffness, drooling, trouble moving or walking, trouble keeping your balance, shaking (tremors), or falls.

Before taking INGREZZA or INGREZZA SPRINKLE, tell your healthcare provider about all of your medical conditions including if you: have liver or heart problems, are pregnant or plan to become pregnant, or are breastfeeding or plan to breastfeed.

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Treat**ING** TD with INGREZZA

INGREZZA is proven to reduce TD, **always one capsule, once daily, and #1 prescribed.**

INGREZZA[®] (valbenazine) capsules is used to treat adults with TD in the face, tongue, and other body parts. It is not known if INGREZZA is safe and effective in children.

Reduc**ING** tardive dyskinesia

**SUBSTANTIAL IMPROVEMENT
AND WORKS QUICKLY**

>10X TD Reduction
at 6 WEEKS vs placebo*

Response was seen by most
as early as 2 WEEKS†

ACHIEVING REMISSION

No or minimal movements
at 48 WEEKS in 59% of people‡

*In a 6-week study, based on average change from baseline to Week 6 on the Abnormal Involuntary Movement Scale (AIMS): -3.2 for INGREZZA 80 mg (n=79) vs -0.1 for placebo (n=76).

†Individual results may vary. At Week 2, 52% (41/79) of people taking INGREZZA 80 mg had a 2-point or greater reduction on the AIMS.

‡In a post-clinical study evaluation of a 48-week trial, 59% (61/103) of people who completed the trial taking INGREZZA (40 mg and 80 mg) achieved a score of 1 or less for each body part measured with AIMS at Week 48. The results are descriptive in nature.

SELECT IMPORTANT SAFETY INFORMATION

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Make sure you tell all of your healthcare providers that you are taking INGREZZA or INGREZZA SPRINKLE. Taking INGREZZA or INGREZZA SPRINKLE with certain other medicines may cause serious side effects. Especially tell your healthcare provider if you: take digoxin or take or have taken a monoamine oxidase inhibitor (MAOI) medicine. You should not take INGREZZA or INGREZZA SPRINKLE if you are taking, or have stopped taking, a MAOI within the last 14 days.

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MakING remission the goal for TD

► **9 in 10** PEOPLE WITH TD

agree that **achieving no or minimal movements (remission)** is the goal of TD treatment*

*In a survey of 150 US adults diagnosed with TD. Conducted by The Harris Poll on behalf of Neurocrine Biosciences between December 12–31, 2024. The survey asked: “To what extent do you agree or disagree with the following statement: ‘The ultimate goal for their TD treatment is to achieve no or minimal uncontrolled movements.’”

SELECT IMPORTANT SAFETY INFORMATION

The most common side effects of INGREZZA or INGREZZA SPRINKLE in people with tardive dyskinesia are sleepiness and tiredness.

The most common side effects of INGREZZA or INGREZZA SPRINKLE in people with chorea associated with Huntington’s disease include sleepiness and tiredness, raised itchy red areas on your skin (hives), rash, and trouble getting to sleep or staying asleep.

These are not all of the possible side effects of INGREZZA or INGREZZA SPRINKLE. Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit MedWatch at www.fda.gov/medwatch or call **1-800-FDA-1088**.

Dosage Forms and Strengths: INGREZZA and INGREZZA SPRINKLE are available in 40 mg, 60 mg, and 80 mg capsules.

Please see additional Important Safety Information on pages 22–23 and accompanying full [Prescribing Information](#), including Boxed Warning, and [Medication Guide](#).

Simple dosING with INGREZZA

INGREZZA makes dosing simple from the start



Starts at an effective dose



Also available in sprinkle formulation



Always one capsule, once daily



Taken any time



With or without food



Can be added to most stable mental health regimens



Have trouble swallowing pills?

There's another way of tak**ING** INGREZZA

Learn about INGREZZA[®] SPRINKLE (valbenazine) capsules at [INGREZZA.com/TD-Sprinkle](https://www.ingrezza.com/TD-Sprinkle)

Take INGREZZA exactly as your healthcare provider tells you.

Your healthcare provider will tell you what dose of INGREZZA[®] (valbenazine) capsules to take and when to take it.

- INGREZZA can be taken with or without food
- Do not stop taking INGREZZA without first talking to your healthcare provider
- If you take too much INGREZZA, call your poison control center at 1-800-222-1222

SELECT IMPORTANT SAFETY INFORMATION

INGREZZA or INGREZZA SPRINKLE can cause serious side effects in people with Huntington's disease, including: depression, suicidal thoughts, or suicidal actions. Tell your healthcare provider before you start taking INGREZZA or INGREZZA SPRINKLE if you have Huntington's disease and are depressed (have untreated depression or depression that is not well controlled by medicine) or have suicidal thoughts. Pay close attention to any changes, especially sudden changes, in mood, behaviors, thoughts, or feelings. This is especially important when INGREZZA or INGREZZA SPRINKLE is started and when the dose is changed. Call your healthcare provider right away if you become depressed, have unusual changes in mood or behavior, or have thoughts of hurting yourself.

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Not actual size

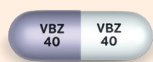
Actor portrayal

More than **8 in 10** PEOPLE WITH TD

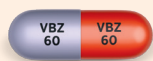
reported wanting to avoid adjusting their TD treatment doses*

*In a survey of 150 US adults diagnosed with TD. Conducted by The Harris Poll on behalf of Neurocrine Biosciences between December 12–31, 2024. The survey asked 143 participants who had ever treated their TD: “To what extent do you agree or disagree with the following statement: ‘I would like to avoid having to adjust my TD treatment dosages as much as possible.’”

From Day 1, you’re **start**ING**** at an effective dose.



Three effective strengths means **simple dosing with no complex dose adjustments.**



Your healthcare provider will start you on 40 mg for 1 week. You may stay on 40 mg or increase to 60 mg or 80 mg, depending on your treatment needs.



The recommended dose of INGREZZA is 80 mg.

Not actual size

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- Allergic reactions.** Allergic reactions, including an allergic reaction that causes sudden swelling called angioedema, can happen after taking the first dose or after many doses of INGREZZA or INGREZZA SPRINKLE. Signs and symptoms of allergic reactions and angioedema include: trouble breathing or shortness of breath, swelling of your face, lips, eyelids, tongue, or throat, or other areas of your skin, trouble with swallowing, or rash, including raised, itchy red areas on your skin (hives). Swelling in the throat can be life-threatening and can lead to death. Stop taking INGREZZA or INGREZZA SPRINKLE and go to the nearest emergency room right away if you develop these signs and symptoms of allergic reactions and angioedema.

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With INGREZZA, you can keep **tak**ING**** most mental health medicines

In a clinical study, psychiatric status in people taking INGREZZA[®] (valbenazine) capsules remained stable overall, including those who also took medicine for:



- Depression
- Bipolar disorder
- Schizophrenia
- Schizoaffective disorder

Do not stop taking INGREZZA without talking to your healthcare provider first.



“My psychiatrist told me that I could still stay on the same medication that I was already on for my bipolar disorder and take INGREZZA. That was very important to me because I had finally found something that had worked, so finding something to work for my TD that wouldn’t disrupt my bipolar medication was a plus.”

– Nycole, living with bipolar disorder and tardive dyskinesia

Nycole was compensated by Neurocrine Biosciences, Inc. to share her story

Individual results may vary. Talk to your healthcare provider to see if INGREZZA is right for you.

SELECT IMPORTANT SAFETY INFORMATION

INGREZZA or INGREZZA SPRINKLE can cause serious side effects, including:

- **Sleepiness and tiredness that could cause slow reaction times (somnolence and sedation).** Do not drive a car or operate dangerous machinery until you know how INGREZZA or INGREZZA SPRINKLE affects you. Drinking alcohol and taking other medicines may also cause sleepiness during treatment with INGREZZA or INGREZZA SPRINKLE.

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Actor portrayal

People taking INGREZZA for TD can stay on their current dose of most mental health medicines.

Tell your healthcare provider about all the medicines you take, including:



- Prescription medicines
- Over-the-counter medicines
- Vitamins
- Herbal supplements

SELECT IMPORTANT SAFETY INFORMATION

INGREZZA or INGREZZA SPRINKLE can cause serious side effects, including:

- **Heart rhythm problems (QT prolongation).** INGREZZA or INGREZZA SPRINKLE may cause a heart rhythm problem known as QT prolongation. You have a higher chance of getting QT prolongation if you also take certain other medicines during treatment with INGREZZA or INGREZZA SPRINKLE. Tell your healthcare provider right away if you develop any signs or symptoms of QT prolongation, including: fast, slow, or irregular heartbeat (heart palpitations), shortness of breath, dizziness or lightheadedness, or fainting or feeling like you are going to faint.
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Actor portrayals

BeING the #1 prescribed treatment isn't the only accomplishment we're proud of

- 20 clinical studies with 576 people with TD who took INGREZZA
- 8 years of real-world experience
- More than 1 million total prescriptions since 2017
- 3 simple and effective dosing options
- Starts at an effective dose

SELECT IMPORTANT SAFETY INFORMATION

Before taking INGREZZA or INGREZZA SPRINKLE, tell your healthcare provider about all of your medical conditions including if you: have liver or heart problems, are pregnant or plan to become pregnant, or are breastfeeding or plan to breastfeed.

Please see additional Important Safety Information on pages 22–23 and accompanying full [Prescribing Information](#), including Boxed Warning, and [Medication Guide](#).



“Learning that there was treatment available for my tardive dyskinesia was very exciting and it gave me a lot of hope.”

“I have found INGREZZA to be effective and tolerable for me. My doctor said I could take it with my antipsychotic. So, it’s been a win-win for me.”

– Bethany, living with schizophrenia and TD

Bethany was compensated by Neurocrine Biosciences, Inc. to share her story

Individual results may vary. Talk to your healthcare provider to see if INGREZZA is right for you.



Sign up for more information

Receive emails about TD and INGREZZA by going to [INGREZZA.com/Registration](https://www.ingrezza.com/Registration)

SELECT IMPORTANT SAFETY INFORMATION

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Make sure you tell all of your healthcare providers that you are taking INGREZZA or INGREZZA SPRINKLE. Taking INGREZZA or INGREZZA SPRINKLE with certain other medicines may cause serious side effects. Especially tell your healthcare provider if you: take digoxin or take or have taken a monoamine oxidase inhibitor (MAOI) medicine. You should not take INGREZZA or INGREZZA SPRINKLE if you are taking, or have stopped taking, a MAOI within the last 14 days.

The most common side effects of INGREZZA or INGREZZA SPRINKLE in people with tardive dyskinesia are sleepiness and tiredness.

The most common side effects of INGREZZA or INGREZZA SPRINKLE in people with chorea associated with Huntington’s disease include sleepiness and tiredness, raised itchy red areas on your skin (hives), rash, and trouble getting to sleep or staying asleep.

These are not all of the possible side effects of INGREZZA or INGREZZA SPRINKLE. Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit MedWatch at www.fda.gov/medwatch or call **1-800-FDA-1088**.

Dosage Forms and Strengths: INGREZZA and INGREZZA SPRINKLE are available in 40 mg, 60 mg, and 80 mg capsules.

Please see additional Important Safety Information on pages 22–23 and accompanying full [Prescribing Information](#), including Boxed Warning, and [Medication Guide](#).



Dedicated to **helpING** you on your treatment journey

Neurocrine Access Support for INGREZZA® (valbenazine) capsules is a free program that provides you and your care team with helpful resources and guidance.

Neurocrine Access Support partners with specialty pharmacies that can assist you with your prescription, financial assistance, home delivery, and questions about INGREZZA.



INGREZZA Savings Program

Commercially insured patients may pay as little as \$0.* If you're eligible, a Savings Card may be applied automatically at the pharmacy, which may help you save on your INGREZZA prescription.*

*Additional terms and conditions apply.

Once coverage has been authorized, INGREZZA will be shipped directly to you.

INGREZZA is available through a dedicated network of specialty pharmacies to deliver the highest level of service and support. A specialty pharmacy provides medicines that aren't typically available at your local retail pharmacy.

SELECT IMPORTANT SAFETY INFORMATION

INGREZZA or INGREZZA SPRINKLE can cause serious side effects in people with Huntington's disease, including: depression, suicidal thoughts, or suicidal actions. Tell your healthcare provider before you start taking INGREZZA or INGREZZA SPRINKLE if you have Huntington's disease and are depressed (have untreated depression or depression that is not well controlled by medicine) or have suicidal thoughts. Pay close attention to any changes, especially sudden changes, in mood, behaviors, thoughts, or feelings. This is especially important when INGREZZA or INGREZZA SPRINKLE is started and when the dose is changed. Call your healthcare provider right away if you become depressed, have unusual changes in mood or behavior, or have thoughts of hurting yourself.

Please see additional Important Safety Information on pages 22–23 and accompanying full [Prescribing Information](#), including Boxed Warning, and [Medication Guide](#).



Actor portrayal

INGREZZA 30-Day Free Trial

The INGREZZA 30-Day Free Trial is a free trial (1-month supply) of INGREZZA® (valbenazine) capsules for new patients.* Your healthcare provider can enroll you in the INGREZZA 30-Day Free Trial by downloading the enrollment form from the Neurocrine Access Support website and submitting the completed form on your behalf.

INGREZZA Patient Assistance Program

The Patient Assistance Program provides INGREZZA at no cost if you are uninsured, are without prescription coverage, or have qualifying financial needs.* Your healthcare provider can help you apply for this program or call 1-84-INGREZZA to learn more.

*Additional terms and conditions apply.



To learn more about the
Neurocrine Access Support Program,
call 1-84-INGREZZA (1-844-647-3992)
8 AM to 8 PM ET, Monday through Friday,
or visit [INGREZZA.com/Support](https://www.ingrezza.com/Support)

SELECT IMPORTANT SAFETY INFORMATION

Do not take INGREZZA or INGREZZA SPRINKLE if you:

- are allergic to valbenazine, or any of the ingredients in INGREZZA or INGREZZA SPRINKLE.

Please see additional Important Safety Information on pages 22–23 and accompanying full [Prescribing Information](#), including Boxed Warning, and [Medication Guide](#).

Important Information

Approved Uses

INGREZZA[®] (valbenazine) capsules or INGREZZA[®] SPRINKLE (valbenazine) capsules are prescription medicines used to treat adults with:

- movements in the face, tongue, or other body parts that cannot be controlled (tardive dyskinesia).
- involuntary movements (chorea) of Huntington's disease. INGREZZA or INGREZZA SPRINKLE do not cure the cause of involuntary movements, and do not treat other symptoms of Huntington's disease, such as problems with thinking or emotions.

It is not known if INGREZZA or INGREZZA SPRINKLE is safe and effective in children.

IMPORTANT SAFETY INFORMATION

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Do not take INGREZZA or INGREZZA SPRINKLE if you:

- are allergic to valbenazine, or any of the ingredients in INGREZZA or INGREZZA SPRINKLE.

INGREZZA or INGREZZA SPRINKLE can cause serious side effects, including:

- **Allergic reactions.** Allergic reactions, including an allergic reaction that causes sudden swelling called angioedema, can happen after taking the first dose or after many doses of INGREZZA or INGREZZA SPRINKLE. Signs and symptoms of allergic reactions and angioedema include: trouble breathing or shortness of breath, swelling of your face, lips, eyelids, tongue, or throat, or other areas of your skin, trouble with swallowing, or rash, including raised, itchy red areas on your skin (hives). Swelling in the throat can be life-threatening and can lead to death. Stop taking INGREZZA or INGREZZA SPRINKLE and go to the nearest emergency room right away if you develop these signs and symptoms of allergic reactions and angioedema.
- **Sleepiness and tiredness that could cause slow reaction times (somnolence and sedation).** Do not drive a car or operate dangerous machinery until you know how INGREZZA or INGREZZA SPRINKLE affects you. Drinking alcohol and taking other medicines may also cause sleepiness during treatment with INGREZZA or INGREZZA SPRINKLE.

Please see accompanying full [Prescribing Information](#), including Boxed Warning, and [Medication Guide](#).

- **Heart rhythm problems (QT prolongation).** INGREZZA or INGREZZA SPRINKLE may cause a heart rhythm problem known as QT prolongation. You have a higher chance of getting QT prolongation if you also take certain other medicines during treatment with INGREZZA or INGREZZA SPRINKLE. Tell your healthcare provider right away if you develop any signs or symptoms of QT prolongation, including: fast, slow, or irregular heartbeat (heart palpitations), shortness of breath, dizziness or lightheadedness, or fainting or feeling like you are going to faint.
- **Neuroleptic Malignant Syndrome (NMS).** NMS is a serious condition that can lead to death. Call a healthcare provider right away or go to the nearest emergency room if you develop these symptoms and they do not have another obvious cause: high fever, stiff muscles, problems thinking, irregular pulse or blood pressure, increased sweating, or very fast or uneven heartbeat.
- **Parkinson-like symptoms.** Symptoms include: body stiffness, drooling, trouble moving or walking, trouble keeping your balance, shaking (tremors), or falls.

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Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Make sure you tell all of your healthcare providers that you are taking INGREZZA or INGREZZA SPRINKLE. Taking INGREZZA or INGREZZA SPRINKLE with certain other medicines may cause serious side effects. Especially tell your healthcare provider if you: take digoxin or take or have taken a monoamine oxidase inhibitor (MAOI) medicine. You should not take INGREZZA or INGREZZA SPRINKLE if you are taking, or have stopped taking, a MAOI within the last 14 days.

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Dosage Forms and Strengths: INGREZZA and INGREZZA SPRINKLE are available in 40 mg, 60 mg, and 80 mg capsules.



Actor portrayals

Treat**ING** your TD movements with INGREZZA



Starts at an effective dose



Keep taking most mental health medicines



Take control: start by asking**ING** your healthcare provider about INGREZZA.

Visit [INGREZZA.com/TD](https://www.ingrezza.com/TD) to learn more about treatment

IMPORTANT SAFETY INFORMATION

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