Crenessity®
(crinecerfont)

For children with classic CAH and their caregivers

Get to Know CRENESSITY

The first-ever FDA-approved treatment just for people with classic CAH



These ambassadors have classic CAH or have a child with classic CAH, and are taking CRENESSITY. They were compensated by Neurocrine to share their stories.

Approved Uses:
CRENESSITY (crinecerfont) is a prescription medicine used together with glucocorticoids (steroids) to control androgen (testosterone-like hormone) levels in adults and children 4 years of age and older with classic congenital adrenal hyperplasia (CAH).

SELECT IMPORTANT SAFETY INFORMATION

Do not take CRENESSITY if you: Are allergic to crinecerfont, or any of the ingredients in CRENESSITY.

Please see additional Important Safety Information on page 13 and Patient Information.

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Expect more from classic CAH treatment with CRENESSITY



Lower steroid doses

CRENESSITY is the only FDA-approved treatment that allows people with CAH to reduce their daily dose of steroids.



Improved androgen control

CRENESSITY lowers ACTH and androgen levels, both of which are elevated in people with CAH.



Demonstrated safety profile

Tiredness, headache, dizziness, joint pain, back pain, decreased appetite, and muscle pain were the most common side effects in adults taking CRENESSITY.

Most side effects were temporary and mild to moderate in severity.



Largest and longest-ever clinical trial program for a classic CAH treatment

CRENESSITY was studied in the largest, most extensive clinical study program for a treatment of classic CAH–with multiple years of clinical trial and real-world experience.



Access simplified: Ongoing, personalized support, every step of the way

Neurocrine Access Support offers programs to assist with out-of-pocket costs, navigating insurance coverage, and clinical support with CRENESSITY.

ACTH=adrenocorticotropic hormone.

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Jesse
Started CRENESSITY in August 2025
Daryll & Jennifer
Jesse's parents

Grant*
Started CRENESSITY in May 2023
Kristy
Grant's mom

Rachel
Audrey's mom
Her child started CRENESSITY in September 2025

Anela
Started CRENESSITY in November 2025
Loren & Richard
Anela's parents

*Participated in the clinical study in children.

These ambassadors have classic CAH or have a child with classic CAH, and are taking CRENESSITY. They were compensated by Neurocrine to share their stories.



"Now that we have CRENESSITY, there are more options than just steroids for people with classic CAH like Grant."

— **Kristy**
Mom of Grant (age 9), who has classic CAH
Paid partner of Neurocrine

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Please see additional Important Safety Information on page 13 and Patient Information.

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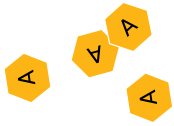
CAH overview

Key CAH terms you'll see throughout this brochure



ACTH is a hormone that signals the adrenal glands to make cortisol.

- In people with CAH, too much ACTH leads to excess androgen production



Androgens are hormones that support growth and reproduction.

- Too much can lead to symptoms such as early puberty or fertility issues



Androstenedione (A4) is a type of androgen often measured in blood tests (along with 17-OHP) to help assess how well androgens are managed in people with CAH.



17-OHP is a hormone involved in making cortisol. In people with CAH, it can build up and contribute to high androgen levels.

Managing CAH means addressing 2 key goals: replacing missing cortisol and reducing excess androgens.

For more information about CAH and how it impacts the body, visit crenessity.com/about-cah

17-OHP=17-hydroxyprogesterone.

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Managing CAH with steroids alone is challenging

Treatment with steroids alone is often a compromise between competing health risks



Steroids, in lower doses, can be used effectively to **replace cortisol** but often are not enough to treat excess androgens.



Higher steroid doses can be used to manage excess **androgens**; however, those high doses carry additional health risks.

Symptoms of excess ACTH and androgens	Both	Risks of high-dose steroids
• Early puberty • Acne	• Short stature • Obesity • High blood pressure and other cardiometabolic risks	• Diabetes • Low bone density



"I wanted to go ahead and get Audrey on CRENESSITY because they were going to increase her hydrocortisone dose. So I brought it up to my doctor and kind of advocated for her to get on it. She's been doing great."

— **Rachel**
Mom of Audrey (age 11), who has classic CAH
Paid partner of Neurocrine



Adding CRENESSITY to reduce ACTH and androgens can make it possible to use lower doses or milder forms of steroids in classic CAH.

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Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins and herbal supplements.

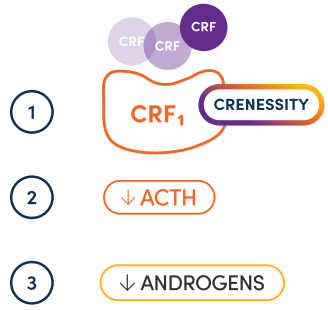
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CRENESSITY changes the equation in classic CAH treatment

For over 70 years, steroids were the only treatment available for CAH. They had to both replace cortisol and help control excess androgens.

CRENESSITY helps reduce androgens by targeting the source of excess ACTH and androgens—the CRF pathway



1. CRF is the brain signal that drives hormone imbalance in CAH
2. By preventing CRF and CRF_1 binding, CRENESSITY helps lower ACTH
3. With less ACTH, the adrenal glands make fewer androgens

CRENESSITY is not a steroid—it's a treatment that helps manage androgens and ACTH at the source, so steroids only need to focus on one job: replacing the body's missing cortisol.

THAT MEANS YOU CAN USE:

- **CRENESSITY to manage androgens**
- **Steroids in lower amounts, primarily to replace cortisol**



"Before CRENESSITY, Jesse's androgens were high. They've now gone down 58% and are in the normal range. Before that, they were difficult to properly manage with just steroids."

— **Daryll**
Dad of Jesse (age 12), who has classic CAH
Paid partner of Neurocrine

CRF=corticotropin-releasing factor; CRF_1 is the receptor that receives the CRF signal.

SELECT IMPORTANT SAFETY INFORMATION

The most common side effects of CRENESSITY in adults include tiredness, headache, dizziness, joint pain, back pain, decreased appetite, and muscle pain.

The most common side effects of CRENESSITY in children include headache, stomach pain, tiredness, nasal congestion, and nosebleeds.

These are not all the possible side effects of CRENESSITY. Call your healthcare provider for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit MedWatch at www.fda.gov/medwatch or call 1-800-FDA-1088.

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Crenessity® (crinecerfont)

Take it twice daily for steady ACTH and androgen levels around the clock

Taking CRENESSITY

- CRENESSITY comes in a capsule or as an oral solution and **should be taken twice daily**
- In case of a **missed dose, give another dose as soon as possible**, even if that means giving 2 doses close together. Then resume their regular dosing schedule
- Ask your child's doctor if it's possible to time their steroid doses with their CRENESSITY doses
- Talk to your child's doctor before stopping CRENESSITY
- **Steroids still need to be taken—your child's doctor will direct you on lowering steroid doses as needed**

Take CRENESSITY with a meal

CRENESSITY works best when taken with food containing a bit of fat so the medicine gets into your child's system the way it needs to. Some examples of food with enough fat include snacks like:



A glass of whole, 2%, or chocolate milk (not skim) or a glass of full-fat oat milk



Crackers or an apple with peanut butter



A granola bar with nuts



Half an avocado

In children, dosing is based on weight:

Weight	Recommended Dosage Regimen
22 lb to <44 lb (10 to <20 kg)	25 mg twice daily (50 mg each day)
44 lb to <121 lb (20 to <55 kg)	50 mg twice daily (100 mg each day)
≥121 lb (≥55 kg)	100 mg twice daily (200 mg each day)

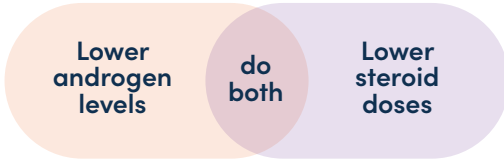
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Crenessity® (crinecerfont)

Key goals were achieved in the clinical study in children



In the first 6 months of the study, lowering androgen levels with CRENESSITY enabled reduced steroid doses

- The study in children included 103 participants aged 4 to 17 years with classic CAH
- 69 participants took CRENESSITY and 34 took placebo
- The period of the study in which CRENESSITY was compared to placebo lasted 6 months. After that, children taking CRENESSITY could continue, while those on placebo could choose to switch to CRENESSITY
- Throughout the study, all participants took enough steroid medication to ensure they were within or above the range needed to replace cortisol



Download the Taking the Next Step With CRENESSITY brochure to see how others taking CRENESSITY were able to lower steroid doses.

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Crenessity® (crinecerfont)

Androgen levels improved substantially with CRENESSITY*†



"Since she's been born, Jesse's androgen levels have been high. When I saw her lab work, and it finally didn't say the word high, I was really excited. Like super excited."

— **Jennifer**
Mom of Jesse (age 12), who has classic CAH
Paid partner of Neurocrine

Improved androgen levels with CRENESSITY enabled significantly lower steroid doses‡



"A few months after Anela started CRENESSITY, her labs showed lower androgen levels, and we were able to lower her hydrocortisone dose from 7.5 mg to 6 mg daily."

— **Richard**
Dad of Anela (age 5), who has classic CAH
Paid partner of Neurocrine

During the clinical trials, steroid doses were adjusted under careful supervision of doctors. No children taking CRENESSITY experienced adrenal crisis.
CRENESSITY does not address cortisol deficiency. Children taking CRENESSITY should continue taking steroids to replace missing cortisol.

In a caregiver satisfaction survey asked at the end of the study after up to 2 years of taking CRENESSITY, over 97% of caregivers agreed with the statement that they felt more hopeful about their child's future living with classic CAH.§

*Androstenedione levels were reduced by 197 ng/dL in children taking CRENESSITY compared with an increase of 71 ng/dL with placebo.
†17-OHP levels were reduced by 5865 ng/dL in children taking CRENESSITY compared with an increase of 556 ng/dL with placebo.
‡Children treated with CRENESSITY were able to reduce their steroid dose by 18% compared with an increase of 6% with placebo.
§Percentage includes caregivers of children who reported "slight improvement" or better in how hopeful they feel about their child's future living with classic CAH in the final treatment satisfaction survey (n=24/29).

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Crenessity® (crinecerfont)

CRENESSITY has a demonstrated safety profile in children

While everyone's experience is different, there are some side effects that you may notice after starting CRENESSITY as your child's body adjusts to the effects of treatment changes. Together with their doctor, you can work on a plan to best manage them.

In the clinical study for children:

Most side effects were temporary and mild to moderate in severity.*

No new side effects were seen in children taking CRENESSITY for up to 2 years.

Headache, stomach pain, tiredness, nasal congestion, and nosebleeds were the most common side effects in children taking CRENESSITY.

The average time it took for headaches to subside was 1 day, stomach pain took 3 days, and about 18 days for tiredness, but some patients experienced these side effects for shorter or longer time frames.†

3% of patients stopped taking CRENESSITY because of side effects.*



"She's doing great on CRENESSITY so far. Our doctor made sure we knew about possible side effects to look out for like headaches and stomach pain."

— **Rachel**
Mom of Audrey (age 11), who has classic CAH
Paid partner of Neurocrine

After the placebo period of the study ended, **97 of the 103 children (94%)** continued in the study, with all participants taking CRENESSITY.‡

*A total of 3% of patients treated with CRENESSITY and no placebo-treated patients discontinued treatment because of adverse reactions of abdominal pain, myalgia, and dizziness.

†These results are from an additional analysis of the study data conducted after the study was completed (post hoc analysis).

‡In the 2-year clinical trials, 2 children stopped taking CRENESSITY because of a side effect.

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Crenessity® (crinecerfont)

CRENESSITY lowers androgens, which may enable your child to reduce their steroid dose



Your child's doctor may create a plan to reduce their steroid dose over time while making sure to continue stress dosing when they need it.



Your child's lab values and clinical symptoms will help guide their doctor in the reduction of their steroid dose.



Lowering steroid doses could cause steroid withdrawal symptoms that usually improve within a few weeks to 1 month. Some common steroid withdrawal symptoms are fatigue, nausea, and mood changes.



Please talk to your doctor about how to manage your child's steroid dosing while taking CRENESSITY.



Ask your child's doctor or pharmacist at PANTHERx if over-the-counter medications may help with CRENESSITY side effects or steroid withdrawal symptoms.

Adrenal insufficiency

Adrenal insufficiency and crisis are risks of living with CAH that CRENESSITY does not address, and they can occur when your child's steroid dose is too low. During the part of the study comparing CRENESSITY with placebo, no child experienced adrenal crisis.

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Crenessity® (crinecerfont)

Dedicated support, personalized to your child's needs

From insurance challenges to out-of-pocket costs to medication counseling for CRENESSITY, Neurocrine Access Support is here to help.

Your Care Coordinator

You've already talked with your dedicated Care Coordinator, but support doesn't stop there.

- Your Care Coordinator will stay in touch through regular check-ins and updates
- If you have a question, need to talk to a pharmacist, or want refill reminder texts, just give them a call

PANTHERx Rare teams up with your child's doctor to offer clinical help

Clinical pharmacists are trained in CAH and support your child's treatment plan by:

- Reviewing medications and clinical history
- Explaining how to take CRENESSITY and aligning on strategies to support you in continuing on CRENESSITY

Help with your medication costs

~9 out of 10 people taking CRENESSITY pay $10 or less per month for their copay. Most pay $0.*

- We will work with you and your child's doctor to help them access CRENESSITY, regardless of insurance type or status

*Additional terms and conditions apply. Data on file as of May 2025.



"I saved our Care Coordinator's number in my phone so I wouldn't miss any calls or texts about Anela's medication. They made sure we had everything we needed if we had any questions about treatment."

— **Loren**
Mom of Anela (age 5), who has classic CAH
Paid partner of Neurocrine

NEUROCRINE™ Access Support

Click here to save the Neurocrine Access Support phone number, 1-855-CRNSITY (276-7489) so you never miss a call.

Please see additional Important Safety Information on page 13 and Patient Information.

Crenessity® (crinecerfont)

Approved Uses:
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Dosage Forms and Strengths: CRENESSITY is available in 50 mg and 100 mg capsules, and as an oral solution of 50 mg/mL.

Please see full Prescribing Information.

Crenessity® (crinecerfont)

Manage CAH like never before

Crenessity® (crinecerfont)

CRENESSITY offers a groundbreaking approach to androgen suppression, which allows people with classic CAH to take lower doses of steroids



Lower steroid doses

CRENESSITY lowered ACTH and androgens in children with CAH, enabling lower steroid doses* and supporting long-term health.



Improved androgen management

CRENESSITY reduces androgen levels.



2 years of clinical data

Efficacy and safety outcomes for CRENESSITY were evaluated in the largest and longest-ever clinical trial program for a classic CAH treatment.

Dedicated support

Neurocrine Access Support for CRENESSITY is here to help you every step of the way. Visit **NBIaccess.com** or call for more information.

1-855-CRNSITY (276-7489)

*CRENESSITY does not address cortisol deficiency. People taking CRENESSITY should continue taking steroids to replace missing cortisol.

Visit our website to find more real stories from our CRENESSITY Ambassadors.

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