Crenessity®
(crinecerfont)

For adults with classic CAH

Get to Know CRENESSITY

The first-ever FDA-approved treatment just for people with classic CAH



Susan, Paul, Liam, Matthew, Lauren, Wyatt, and Olivia have classic CAH and are taking CRENESSITY. They were compensated by Neurocrine to share their stories.

Approved Uses:
CRENESSITY (crinecerfont) is a prescription medicine used together with glucocorticoids (steroids) to control androgen (testosterone-like hormone) levels in adults and children 4 years of age and older with classic congenital adrenal hyperplasia (CAH).

SELECT IMPORTANT SAFETY INFORMATION

Do not take CRENESSITY if you: Are allergic to crinecerfont, or any of the ingredients in CRENESSITY.

Please see additional Important Safety Information on page 13 and Patient Information.

Crenessity®
(crinecerfont)

Expect more from classic CAH treatment with CRENESSITY



Lower steroid doses

CRENESSITY is the only FDA-approved treatment that allows people with CAH to reduce their daily dose of steroids.



Improved androgen control

CRENESSITY lowers ACTH and androgen levels, both of which are elevated in people with CAH.



Demonstrated safety profile

Tiredness, headache, dizziness, joint pain, back pain, decreased appetite, and muscle pain were the most common side effects in adults taking CRENESSITY.

Most side effects were temporary and mild to moderate in severity.



Largest and longest-ever clinical trial program for a classic CAH treatment

CRENESSITY was studied in the largest, most extensive clinical study program for a treatment of classic CAH–with multiple years of clinical trial and real-world experience.



Access simplified: Ongoing, personalized support, every step of the way

Neurocrine Access Support offers programs to assist with out-of-pocket costs, navigating insurance coverage, and clinical support with CRENESSITY.

ACTH=adrenocorticotropic hormone.

SELECT IMPORTANT SAFETY INFORMATION

CRENESSITY may cause serious side effects, including:
Allergic reactions. Symptoms of an allergic reaction include tightness of the throat, trouble breathing or swallowing, swelling of the lips, tongue, or face, and rash. If you have an allergic reaction to CRENESSITY, get emergency medical help right away and stop taking CRENESSITY.

Please see additional Important Safety Information on page 13 and Patient Information.

Crenessity® (crinecerfont)

Susan*
started CRENESSITY
in September 2021

Matthew*
started CRENESSITY
in August 2023

Wyatt
started CRENESSITY
in June 2025

Olivia
started CRENESSITY
in June 2025

Paul*
started CRENESSITY
in May 2021

Lauren*
started CRENESSITY
in November 2021

Liam*
started CRENESSITY
in June 2022



*Participated in the adult clinical study.

Susan, Paul, Matthew, Lauren, Wyatt, Liam, and Olivia have classic CAH, are taking CRENESSITY, and are paid partners of Neurocrine.



"I learned about the CAHtalyst® study from my doctor. I decided to participate because something had to change."

— **Susan**
CRENESSITY Ambassador | Paid partner of Neurocrine

SELECT IMPORTANT SAFETY INFORMATION

Risk of Sudden Adrenal Insufficiency or Adrenal Crisis with Too Little Glucocorticoid (Steroid) Medicine. Sudden adrenal insufficiency or adrenal crisis can happen in people with congenital adrenal hyperplasia who are not taking enough glucocorticoid (steroid) medicine. You should continue taking your glucocorticoid (steroid) medicine during treatment with CRENESSITY.

(continued on the next page)

Please see additional Important Safety Information on page 13 and Patient Information.

Crenessity® (crinecerfont)

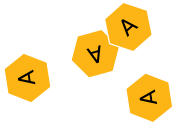
CAH overview

Key CAH terms you'll see throughout this brochure



ACTH is a hormone that signals the adrenal glands to make cortisol.

- In people with CAH, too much ACTH leads to excess androgen production



Androgens are hormones that support growth and reproduction.

- Too much can lead to symptoms such as early puberty or fertility issues



Androstenedione (A4) is a type of androgen often measured in blood tests (along with 17-OHP) to help assess how well androgens are managed in people with CAH.



17-OHP is a hormone involved in making cortisol. In people with CAH, it can build up and contribute to high androgen levels.

Managing CAH means addressing 2 key goals: replacing missing cortisol and reducing excess androgens.

For more information about CAH and how it impacts the body, visit crenessity.com/about-cah

17-OHP=17-hydroxyprogesterone.

SELECT IMPORTANT SAFETY INFORMATION

Risk of Sudden Adrenal Insufficiency or Adrenal Crisis with Too Little Glucocorticoid (Steroid) Medicine (continued). Certain conditions such as infection, severe injury, or shock may increase your risk for sudden adrenal insufficiency or adrenal crisis. Tell your healthcare provider if you get a severe injury, infection, illness, or have planned surgery during treatment. Your healthcare provider may need to change your dose of glucocorticoid (steroid) medicine.

Please see additional Important Safety Information on page 13 and Patient Information.

Crenessity® (crinecerfont)

Managing CAH with steroids alone is challenging

Treatment with steroids alone is often a compromise between competing health risks



Steroids, in lower doses, can be used effectively to **replace cortisol** but often are not enough to treat excess androgens.



Higher steroid doses can be used to manage excess **androgens**; however, those high doses carry additional health risks.

Symptoms of excess ACTH and androgens	Both	Risks of high-dose steroids
• Early puberty • Acne	• Short stature • Obesity • High blood pressure and other cardiometabolic risks	• Diabetes • Low bone density



"One of the biggest challenges for me was dealing with high blood pressure and weight gain from the high-dose steroids I was taking. My blood pressure even got to the point where I had to see a cardiologist."

— **Lauren**
CRENESSITY Ambassador | Paid partner of Neurocrine



Adding CRENESSITY to reduce ACTH and androgens can make it possible to use lower doses or milder forms of steroids in classic CAH.

SELECT IMPORTANT SAFETY INFORMATION

Before taking CRENESSITY, tell your healthcare provider about all of your medical conditions including if you: are pregnant or plan to become pregnant, or are breastfeeding or plan to breastfeed.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins and herbal supplements.

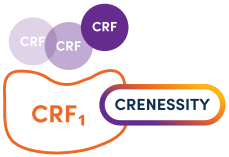
Please see additional Important Safety Information on page 13 and Patient Information.

Crenessity® (crinecerfont)

CRENESSITY changes the equation in classic CAH treatment

For over 70 years, steroids were the only treatment available for CAH. They had to both replace cortisol and help control excess androgens.

CRENESSITY helps reduce androgens by targeting the source of excess ACTH and androgens—the CRF pathway



1. CRF is the brain signal that drives hormone imbalance in CAH
2. ↓ ACTH — By preventing CRF and CRF_1 binding, CRENESSITY helps lower ACTH
3. ↓ ANDROGENS — With less ACTH, the adrenal glands make fewer androgens

CRENESSITY is not a steroid—it's a treatment that helps manage androgens and ACTH at the source, so steroids only need to focus on one job: replacing the body's missing cortisol.

THAT MEANS YOU CAN USE:

- **CRENESSITY to manage androgens**
- **Steroids in lower amounts, primarily to replace cortisol**



"Within a few months of starting CRENESSITY, my androgen levels went down by 50%. Because of the improved androgen control, my doctor was able to lower my steroid dose by about 30%.

Now I don't worry as much about the side effects of steroids since my dose isn't so high anymore."

— **Olivia**
CRENESSITY Ambassador | Paid partner of Neurocrine

CRF=corticotropin-releasing factor; CRF_1 is the receptor that receives the CRF signal.

SELECT IMPORTANT SAFETY INFORMATION

The most common side effects of CRENESSITY in adults include tiredness, headache, dizziness, joint pain, back pain, decreased appetite, and muscle pain.

The most common side effects of CRENESSITY in children include headache, stomach pain, tiredness, nasal congestion, and nosebleeds.

These are not all the possible side effects of CRENESSITY. Call your healthcare provider for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit MedWatch at www.fda.gov/medwatch or call 1-800-FDA-1088.

Please see additional Important Safety Information on page 13 and Patient Information.

Crenessity® (crinecerfont)

Take it twice daily for steady ACTH and androgen levels around the clock

Taking CRENESSITY

- Adults (aged 18 years and older) should take **100 mg** of CRENESSITY **twice daily (200 mg total each day)**
- In case of a missed dose, take another dose as soon as possible, even if that means taking 2 doses close together. Then resume your regular dosing schedule
- Ask your doctor if it's possible to time your steroid doses with your CRENESSITY doses
- Do not stop taking CRENESSITY without talking to your doctor first
- Steroids still need to be taken—your doctor will direct you on lowering steroid doses as needed

Take CRENESSITY with a meal

CRENESSITY works best when taken with food containing a bit of fat so the medicine gets into your system the way it needs to. Some examples of food with enough fat include snacks like:



A glass of whole, 2%, or chocolate milk (not skim) or a glass of full-fat oat milk



Crackers or an apple with peanut butter



A granola bar with nuts



Half an avocado

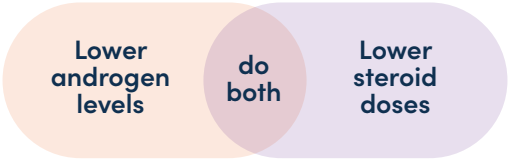
SELECT IMPORTANT SAFETY INFORMATION

Do not take CRENESSITY if you: Are allergic to crinecerfont, or any of the ingredients in CRENESSITY.

Please see additional Important Safety Information on page 13 and Patient Information.

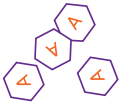
Crenessity® (crinecerfont)

Key goals were achieved with CRENESSITY in the adult clinical study



In the first 6 months of the study, lowering androgen levels with CRENESSITY enabled reduced steroid doses

- The adult study included 182 participants aged 18 years and older with classic CAH
- 122 participants took CRENESSITY and 60 took placebo
- The period of the study in which CRENESSITY was compared with placebo lasted 6 months. After that, people taking CRENESSITY could continue, while those on placebo could choose to switch to CRENESSITY
- Throughout the study, all participants took enough steroid medication to ensure they were within or above the range needed to replace cortisol



Androgen levels improved substantially with CRENESSITY*†



"My levels were so high before, and now they're a lot better. About three months after starting CRENESSITY, my A4 dropped."

— **Matthew**
CRENESSITY Ambassador | Paid partner of Neurocrine

*Androstenedione levels were reduced by 299 ng/dL in adults taking CRENESSITY compared with an increase of 46 ng/dL with placebo at 6 months.

†17-OHP levels were reduced by 5994 ng/dL in adults taking CRENESSITY compared with a reduction of 154 ng/dL with placebo at 6 months. Unlike androstenedione, the 17-OHP information was assessed differently. Please talk to your doctor about what this means for you.

SELECT IMPORTANT SAFETY INFORMATION

CRENESSITY may cause serious side effects, including:
Allergic reactions. Symptoms of an allergic reaction include tightness of the throat, trouble breathing or swallowing, swelling of the lips, tongue, or face, and rash. If you have an allergic reaction to CRENESSITY, get emergency medical help right away and stop taking CRENESSITY.

Please see additional Important Safety Information on page 13 and Patient Information.

Crenessity® (crinecerfont)

Improved androgen levels with CRENESSITY enabled significantly lower steroid doses[‡§]



> "Before CRENESSITY, I struggled with having to increase steroid doses and not always seeing great results. Now I'm able to take a lower dose of steroids and maintain better androgen control."

— **Paul**
CRENESSITY Ambassador | Paid partner of Neurocrine

In addition to lower steroid doses, many adults taking CRENESSITY were able to move to fewer doses per day and/or milder types of steroids[¶]

Steroid doses were lowered under careful supervision of doctors. CRENESSITY does not address cortisol deficiency. People taking CRENESSITY should continue taking steroids to replace missing cortisol.

The majority of adults taking CRENESSITY were able to lower their steroid doses to the range needed just to replace cortisol. On average, steroid doses were reduced by 27%.[§]

Download the Taking the Next Step With CRENESSITY brochure to see how others taking CRENESSITY were able to lower steroid doses.

[‡]Adults treated with CRENESSITY were able to reduce their steroid dose by 27% at 6 months from the beginning of the study compared with 10% for placebo.

[§]The cortisol replacement range was less than or equal to 20 mg/day (11 mg/m^2/day) hydrocortisone (or equivalent doses for prednisone or dexamethasone). At 6 months, 63% of adults taking CRENESSITY were able to lower their steroid doses to the range needed just to replace cortisol, while androgen levels stayed the same or improved compared to 18% taking placebo.

[¶]At 6 months: 88% of adults taking CRENESSITY and dexamethasone were able to switch to a dexamethasone-free regimen, compared to 40% taking placebo. 32% of adults taking CRENESSITY were able to switch their steroid from prednisone (or related steroids like prednisolone or methylprednisone with or without hydrocortisone) to hydrocortisone, compared to 11% taking placebo. 37% of adults taking CRENESSITY and hydrocortisone were able to take fewer doses of hydrocortisone each day, compared to 13% taking placebo.

SELECT IMPORTANT SAFETY INFORMATION

CRENESSITY may cause serious side effects, including:
Risk of Sudden Adrenal Insufficiency or Adrenal Crisis with Too Little Glucocorticoid (Steroid) Medicine. Sudden adrenal insufficiency or adrenal crisis can happen in people with congenital adrenal hyperplasia who are not taking enough glucocorticoid (steroid) medicine. You should continue taking your glucocorticoid (steroid) medicine during treatment with CRENESSITY.

(continued on the next page)

Please see additional Important Safety Information on page 13 and Patient Information.

Crenessity® (crinecerfont)

CRENESSITY has a demonstrated safety profile in adults

While everyone's experience is different, there are some side effects that you may notice after starting CRENESSITY as your body adjusts to the effects of treatment changes. Together with your doctor you can work on a plan to best manage them.

In the clinical study for adults:

Most side effects were **temporary** and **mild to moderate** in severity

No new side effects were seen in people taking CRENESSITY for up to 2 years

Tiredness, headache, dizziness, joint pain, back pain, decreased appetite, and muscle pain were the most common side effects

The average time it took for headaches to subside was **5 days** and about **18 days** for tiredness, but some patients experienced these side effects for shorter or longer time frames

3% of patients stopped taking CRENESSITY because of side effects*



"I did have one side effect when I first started taking CRENESSITY, but it went away after about two months. I haven't had any other side effect since. I'm glad I continued with it because of all the benefits I saw."

— **Wyatt**
CRENESSITY Ambassador | Paid partner of Neurocrine

After the placebo period of the trial ended, 174 of the 182 adults (96%) chose to continue in the study, with all participants taking CRENESSITY.†

*A total of 3% of patients treated with CRENESSITY and no placebo-treated patients discontinued treatment because of adverse reactions of restlessness, apathy, dyspepsia, nausea, and vomiting.

†In the 2-year clinical trials, 4 adults stopped taking CRENESSITY because of a side effect.

SELECT IMPORTANT SAFETY INFORMATION

Risk of Sudden Adrenal Insufficiency or Adrenal Crisis with Too Little Glucocorticoid (Steroid) Medicine (continued). Certain conditions such as infection, severe injury, or shock may increase your risk for sudden adrenal insufficiency or adrenal crisis. Tell your healthcare provider if you get a severe injury, infection, illness, or have planned surgery during treatment. Your healthcare provider may need to change your dose of glucocorticoid (steroid) medicine.

Please see additional Important Safety Information on page 13 and Patient Information.

Crenessity® (crinecerfont)

CRENESSITY lowers androgens, which may enable you to reduce your steroid dose



Your doctor may create a plan to reduce your steroid dose over time while making sure to continue stress dosing when you need it.



Your lab values and clinical symptoms will help guide your doctor in the reduction of your steroid dose.



Lowering steroid doses could cause steroid withdrawal symptoms that usually improve within a few weeks to 1 month. Some common steroid withdrawal symptoms are fatigue, nausea, and mood changes.



Please talk to your doctor about how to manage your steroid dosing while taking CRENESSITY.



Ask your doctor or pharmacist at PANTHERx if over-the-counter medications may help with CRENESSITY side effects or steroid withdrawal symptoms.

Adrenal insufficiency

Adrenal insufficiency and crisis are risks of living with CAH that CRENESSITY does not address, and they can occur when your steroid dose is too low. In the clinical trial of adults with classic CAH, adrenal crisis occurred in two patients taking CRENESSITY and in no patients taking placebo. However, one patient on placebo did experience adrenal insufficiency.

SELECT IMPORTANT SAFETY INFORMATION

Before taking CRENESSITY, tell your healthcare provider about all of your medical conditions including if you: are pregnant or plan to become pregnant, or are breastfeeding or plan to breastfeed.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins and herbal supplements.

Please see additional Important Safety Information on page 13 and Patient Information.

Crenessity® (crinecerfont)

Dedicated support, personalized to you

From insurance challenges to out-of-pocket costs to medication counseling for CRENESSITY, Neurocrine Access Support is here to help.

Your Care Coordinator

You've already talked with your dedicated Care Coordinator, but support doesn't stop there.

- Your Care Coordinator will stay in touch through regular check-ins and updates.
- If you have a question, need to talk to a pharmacist, or want refill reminder texts, just give them a call.

PANTHERx Rare teams up with your doctor to offer clinical help

Clinical pharmacists are trained in CAH and support your treatment plan by:

- Reviewing medications and clinical history.
- Explaining how to take CRENESSITY and aligning on strategies to support you in continuing on CRENESSITY.

Help with your medication costs

~9 out of 10 people taking CRENESSITY pay $10 or less per month for their copay. Most pay $0.*

- We will work with you and your doctor to help you access CRENESSITY, regardless of insurance type or status.

*Additional terms and conditions apply. Data on file as of May 2025.



"I'd definitely recommend saving the Care Coordinator phone number now. You don't want to miss a call or text just because your phone doesn't recognize the number."

— **Liam**
CRENESSITY Ambassador | Paid partner of Neurocrine

NEUROCRINE™ Access Support

Click here to save the Neurocrine Access Support phone number, 1-855-CRNSITY (276-7489) so you never miss a call.

Please see additional Important Safety Information on page 13 and Patient Information.

Crenessity® (crinecerfont)

Approved Uses:
CRENESSITY (crinecerfont) is a prescription medicine used together with glucocorticoids (steroids) to control androgen (testosterone-like hormone) levels in adults and children 4 years of age and older with classic congenital adrenal hyperplasia (CAH).

IMPORTANT SAFETY INFORMATION

Do not take CRENESSITY if you: are allergic to crinecerfont, or any of the ingredients in CRENESSITY.

CRENESSITY may cause serious side effects, including:

Allergic reactions. Symptoms of an allergic reaction include tightness of the throat, trouble breathing or swallowing, swelling of the lips, tongue, or face, and rash. If you have an allergic reaction to CRENESSITY, get emergency medical help right away and stop taking CRENESSITY.

Risk of Sudden Adrenal Insufficiency or Adrenal Crisis with Too Little Glucocorticoid (Steroid) Medicine. Sudden adrenal insufficiency or adrenal crisis can happen in people with congenital adrenal hyperplasia who are not taking enough glucocorticoid (steroid) medicine. You should continue taking your glucocorticoid (steroid) medicine during treatment with CRENESSITY. Certain conditions such as infection, severe injury, or shock may increase your risk for sudden adrenal insufficiency or adrenal crisis. Tell your healthcare provider if you get a severe injury, infection, illness, or have planned surgery during treatment. Your healthcare provider may need to change your dose of glucocorticoid (steroid) medicine.

Before taking CRENESSITY, tell your healthcare provider about all of your medical conditions including if you: are pregnant or plan to become pregnant, or are breastfeeding or plan to breastfeed.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins and herbal supplements.

The most common side effects of CRENESSITY in adults include tiredness, headache, dizziness, joint pain, back pain, decreased appetite, and muscle pain.

The most common side effects of CRENESSITY in children include headache, stomach pain, tiredness, nasal congestion, and nosebleeds.

These are not all the possible side effects of CRENESSITY. Call your healthcare provider for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit MedWatch at www.fda.gov/medwatch or call 1-800-FDA-1088.

Dosage Forms and Strengths: CRENESSITY is available in 50 mg and 100 mg capsules, and as an oral solution of 50 mg/mL.

Please see full Prescribing Information.

Crenessity® (crinecerfont)

Manage CAH like never before

Crenessity® (crinecerfont)

CRENESSITY offers a groundbreaking approach to androgen suppression, which allows people with classic CAH to take lower doses of steroids



Lower steroid doses

CRENESSITY lowered ACTH and androgens in adults with CAH, enabling lower steroid doses* and supporting long-term health.



Improved androgen management

CRENESSITY reduces androgen levels.



2 years of clinical data

Efficacy and safety outcomes for CRENESSITY were evaluated in the largest and longest-ever clinical trial program for a classic CAH treatment.

Dedicated support

Neurocrine Access Support for CRENESSITY is here to help you every step of the way. Visit **NBIaccess.com** or call for more information.

1-855-CRNSITY (276-7489)

*CRENESSITY does not address cortisol deficiency. People taking CRENESSITY should continue taking steroids to replace missing cortisol.

Visit our website to find more real stories from our CRENESSITY Ambassadors.

Approved Uses:
CRENESSITY (crinecerfont) is a prescription medicine used together with glucocorticoids (steroids) to control androgen (testosterone-like hormone) levels in adults and children 4 years of age and older with classic congenital adrenal hyperplasia (CAH).

SELECT IMPORTANT SAFETY INFORMATION

Do not take CRENESSITY if you: Are allergic to crinecerfont, or any of the ingredients in CRENESSITY.

Please see additional Important Safety Information on page 13 and Patient Information.

©2026 Neurocrine Biosciences, Inc. All Rights Reserved.

NEUROCRINE® BIOSCIENCES